

Bhavan's Vivekananda College of Science, Humanities and Commerce
Sainikpuri, Secunderabad- 94
Reaccredited with "A" Grade by NAAC
Autonomous College- Affiliated to Osmania University

AIDS and STI Awareness Program

World AIDS Day

Theme: "Take the Rights Path: My Health, My Right"

Report on Guest Lecture & Poster presentation competition

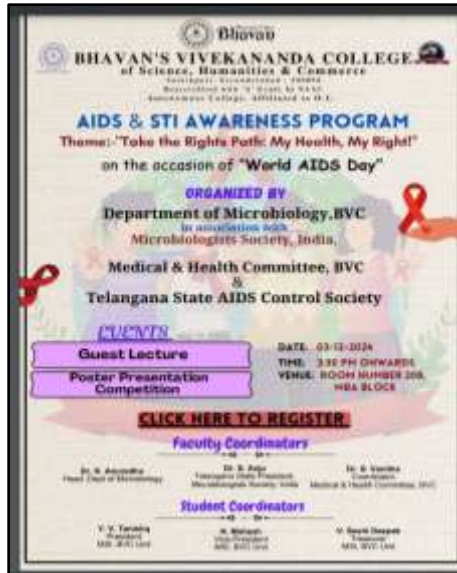
03-12-2024

The **Department of Microbiology, Bhavan's Vivekananda College**, in association with **Microbiologist Society, India, Medical & Health Committee, BVC**, in collaboration with **Telangana State AIDS Control Society (TGSACS)** organized an enlightening guest lecture on AIDS and STI awareness on the occasion of World AIDS Day. The event, held under the theme "Take the Rights Path: My Health, My Right" aimed to educate students and faculty about the significance of HIV prevention, treatment, and the associated rights to health and dignity. We are thankful to Dr. G.S.V.R.K. Choudary, Principal, BVC who has given the encouragement and support to organize this awareness program.

The guest lecture was delivered by Mr. B. Rajender, Assistant Director, IEC, TGSACS and Mr. G. Ramesh, AD (Youth), TGSACS experts in public health and HIV/AIDS prevention, from the Telangana State AIDS Control Society. The speaker highlighted the current statistics of HIV/AIDS in India and Telangana, the challenges faced in combating the stigma associated with the disease, and the advancements in medical treatments and prevention strategies. The guest lecture on AIDS control, was an enlightening session focused on raising awareness about HIV/AIDS prevention, treatment, and stigma reduction. The speaker emphasized the importance of early detection, regular testing, and access to antiretroviral therapy (ART) to manage the disease effectively.

As part of the AIDS Awareness Program, a Poster Presentation competition was held, featuring enthusiastic participation from both UG and PG students. A total of 10 teams showcased their creativity and knowledge on the theme "*Take the Rights Path: My Health, My Right.*" The event highlighted the students' commitment in spreading awareness about the importance of making informed health choices and understanding their rights.

Total number of participants: 99



Guest Lecture by Mr. B. Rajender, Assistant Director, IEC, TGSACS and Mr. G. Ramesh, AD (Youth), TGSACS experts in public health and HIV/AIDS prevention



Dr. K. Anuradha, Head, Dept of Microbiology appreciating the speaker with a memento



Group photo with the Guests, Faculty, students and organizing team



Poster presentation by students



Dr. Sushma, Dept of Genetics Judging the posters

<p style="text-align: center;">వార్త</p> <p style="text-align: center;">04 Dec 2024 - Page 4</p> <p>భవన్స్ కళాశాలలో ఎయిడ్స్ పై అవగాహన సదస్సు నేరేడిమిట్, డిసెంబరు 2, ప్రభాతవార్త: భవన్స్ వివేకానంద కళాశాల ఆధ్వర్యంలో ప్రపంచ ఎయిడ్స్ అవగాహన, నిర్మాణ సమైక్య అవగాహన సదస్సును డిపార్ట్ మెంట్ ఆఫ్ మైక్రో బయాలజీ, మెడికల్ ఆండ్ హెల్త్ కమిటీ, తెలంగాణ స్టేట్ ఎయిడ్స్ కంట్రోల్ సొసైటీ ఆధ్వర్యంలో నిర్వహించడం జరిగింది. కళాశాల ప్రిన్సిపల్ డాక్టర్ జి.ఎస్.వి.ఆర్.కె చోదరి ఆహ్వానించారు. ఈ కార్యక్రమానికి ముఖ్య అతిథిగా టీజిఎస్ఎస్ఎస్, ఐజిసి చైర్మన్ రాజేందర్ పాల్గొని ఎయిడ్స్ పై విద్యార్థులకు పలు వివరణలు ఇచ్చారు. ఈ కార్యక్రమంలో కళాశాల అధ్యాపకులు, విద్యార్థులు పాల్గొన్నారు.</p>	<p style="text-align: center;">ఈనాడు epaper.eenadu.net</p> <p>«ఎయిడ్స్ పై అవగాహన అవసరం</p> <p>నేరేడిమిట్: ఎయిడ్స్ వ్యాప్తిని నిరోధించడమే కాకుండా నివారణ చర్యలపై దృష్టి పెట్టాల్సిన అవసరం ఉందని తెలంగాణ ఎయిడ్స్ కంట్రోల్ సొసైటీ ఆసిస్టెంట్ చైర్మన్ రాజేందర్, రమేష్ పలు కోరారు. సైనిక్ పురి భవన్స్ కళాశాలలో మైక్రో బయాలజీ డిపార్ట్ మెంట్ ఆధ్వర్యంలో మంగళవారం ఏర్పాటు చేసిన ఎయిడ్స్ అవగాహన కార్యక్రమంలో అతిథులుగా పాల్గొన్నారు.</p> <p>Date : 04/12/2024 EditionName : TELANGANA(SECUNDERABAD) PageNo : 03</p>
--	---

Press Report about the event



**BHAVAN'S VIVEKANANDA COLLEGE OF SCIENCE, HUMANITIES AND
COMMERCE**

**Reaccredited with 'A' grade by NAAC
Autonomous College-Affiliated to Osmania University**

Medical & Health Committee, BVC

Report

TRAINING PROGRAM - Cardiopulmonary Resuscitation (CPR)

Date: 27th November 2024

Venue: Room No: 71, Biochemistry Block

Time: 2:30 pm onwards



The Medical & Health Committee of our college organized a “CPR Training Program” on **27th November 2024** at **2:30 pm**. The resource person for the session was **Dr. Kalari Santosh Kumar**, Senior Trainer from **St. John Ambulance Association, Koti**. The program commenced in the presence of our **Honourable Principal, Dr. G.S.V.R.K. Choudary**, **Coordinator of the Medical & Health Committee, Dr. S. Vanitha**, **Dr. Mini**, Head, Department of Mathematics and Statistics and Coordinator of the NCC Unit, along with faculty members and students from various streams.

Dr. Kalari Santosh Kumar delivered an insightful session, demonstrating the proper technique for performing Cardiopulmonary Resuscitation (CPR) in cases of sudden cardiac arrest. He also emphasized the precautions to be taken during the process. Additionally, Dr. Kumar provided valuable information on administering first aid in diverse situations and environments, addressing injuries, fractures, and immediate responses using available resources.

Students were actively engaged throughout the program and had the opportunity to practice CPR under Dr. Santosh Kumar’s guidance. The hands-on session enabled them to gain practical knowledge and confidence in performing CPR and providing first aid in emergency scenarios.

The students appreciated the session and provided positive feedback, expressing a keen interest in attending similar programs in the future. The program concluded at **4:30 pm**, with the

Principal commending Dr. Kalari Santosh Kumar and Dr. S. Vanitha for organizing an effective and impactful session. The vote of thanks was delivered by **Nishanth**, a final-year student from the **B.Sc. MGC program**.

This program highlighted the importance of basic life-saving skills and fostered enthusiasm among students to be prepared for emergency situations.

Total No. of Participants: 110

Dr. Santosh Kumar explaining about Importance of CPR



Students practicing CPR



With Organizing Team





Bhavan's Vivekananda College
of Science, Humanities and Commerce
Sainikpuri, Secunderabad – 500094
Reaccredited with 'A' Grade by NAAC
Autonomous College – Affiliated to Osmania University

Department of Physical Education

In association with

Medical & Health Committee

Report on Recreational Activity for Non-teaching and Contingency Staff

Date: 1st November 2024

Venue: Bhavan's Vivekananda College

Objective: To promote physical fitness, teamwork, and overall well-being among the non-teaching and contingency staffs.

Activities Conducted

The Department of Physical education and Medical & Health Committee took the initiative to organize two recreational activities namely musical chair and 1.5 km walkathon for Bhavan's Vivekananda college non-teaching and contingency staffs on 1st November 2024.

1.5 Kilometer Walkathon

A 1.5-kilometer walkathon was conducted to encourage physical activity and a healthy lifestyle. A total of 38 employees actively participated in the walkathon, demonstrating their commitment to fitness. The walkathon route was carefully planned to ensure a safe and enjoyable experience for all participants.

Musical Chair

A classic game of musical chairs was organized to foster a fun and competitive environment. A total of 31 non-teaching and contingency staff participated enthusiastically, showcasing their agility and quick reflexes. The event was filled with laughter, cheers, and friendly competition.

Outcome:

- **Enhanced Physical Fitness:** Both activities contributed to improving the physical fitness of the participants.
- **Improved Morale:** The fun-filled atmosphere and friendly competition boosted the morale of the employees.
- **Teamwork and Camaraderie:** The activities fostered teamwork and camaraderie among colleagues.

- Stress Relief: Engaging in physical activities helped reduce stress and improve mental well-being.

Overall, the recreational activity was a resounding success. It provided a much-needed break from routine work and promoted a positive and healthy work environment.













BHAVAN'S VIVEKANANDA COLLEGE

of Science, Humanities, and Commerce
Sainikpuri, Secunderabad- 500094
Autonomous College - Affiliated to Osmania University
Reaccredited with 'A' grade by NAAC

Medical & Health Committee

2024- 25

Report

Distribution of First Aid Kits

The Medical & Health Committee of our college has been diligently working to enhance health awareness and provide healthcare services to both staff and students. In this regard First aid kits were purchased and distributed to ensure that first aid medical kits are available on campus. The purpose of the First aid kit is to provide immediate medical care during minor injuries and medication support during sudden emergencies. First Aid Kits were distributed to Biochemistry Block, Office, Commerce Block, IT Block, New Block, MBA Block.



Bio Chemistry Block



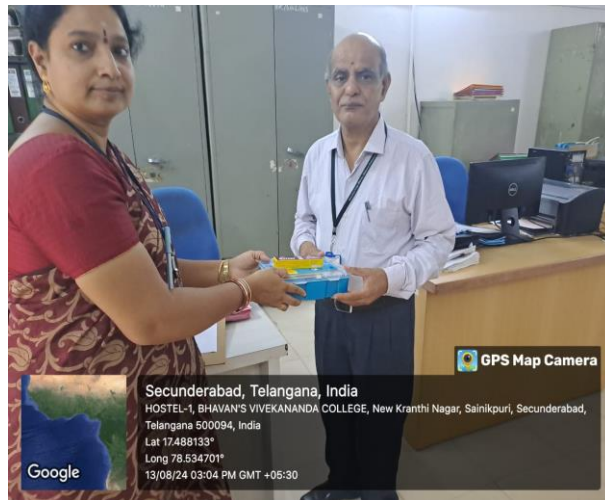
Commerce Block



IT Block



New Block



MBA Block

Department of Biochemistry & Nutrition

Health Camp-2024

21st and 22nd of August, 2024

The Medical & Health Committee of BVC in association with the Department of Biochemistry & Nutrition organized a health camp for the teaching, non-teaching staff and students of BVC on 21st and 22nd of August, 2024. The health camp was in association with Vimta Labs, Hyderabad. The list of tests in the health camp included Master Health checkup, Complete Health checkup, Extended Health checkup panel, Diabetic screening profile and Sunshine vitamin screening panel. It also included tests like complete blood picture, HbA1c, fasting blood glucose, lipid profile, thyroid profile, calcium, Vitamin D, B₁₂ levels and other tests as requested in person.

A total of 60 teaching and non-teaching staff from the college from various departments have got their various parameters evaluated. There were 33 students who got their CBP, hemoglobin and thyroid profiles checked while 27 staff members got their Master Health Check that has a list of tests, vitamin D profile, diabetic screening, complete blood profile etc., which are done to take care of overall health. Rest of the staff and students have got tested for profiles like Complete Health Checkup, Sunshine vitamin screening, hemoglobin, and HbA1c levels. Overall, the health camp received a good response from staff and students and was well appreciated.



Teaching and nonteaching staff participating in the Health Camp



Students participating in the Health Camp



Family members of Staff participating in the Health Camp



Staff of Department of Biochemistry & Nutrition along with Vimta Labsat the health camp



Medical & Health Committee along with Vimta Labsat the health camp